



THE GURNARD NEWS

OCTOBER 2019

Pause and remember.
Life is a precious gift.
Use your days wisely.

-Jenni Young



Your free monthly magazine collated for you by Gurnard church, bringing you news and events from the churches and organisations in and around the Parish of Gurnard.

Copy for November 2019 Edition
by October 16th

A LETTER FROM ALL SAINTS'

Hello there!

I met an old family friend a while ago and taking my face, the dear elderly lady said, 'You haven't changed a bit.' Now she is a wonderful person but sadly as I look in the mirror, I see that she is very much mistaken....in oh so many ways! Last time she saw me my hair was much longer (and less grey), I was a lot thinner, in my teens I loved Wham and was rarely seen without wearing Doc Martens, I spent my free time swimming, dancing....and reading! Aha, perhaps there is something that has remained with me since my childhood!

I have always loved reading. My Mum used to continually tell me to 'put down the book' so I can walk down the stairs, come to the table to eat, get ready for school.... you know live a normal life! However, the tables have now turned and I am sure she is inwardly laughing every time she hears me saying the same words to my eldest who is a complete bookworm and now even to the younger one who has not been able to put down a series of books over the summer! But ladies and gentlemen, do not think I am complaining, definitely not! I started reading to my boys whilst they were still in my womb and it is certainly one of my greatest joys when they now read stories to me!

Frederick Douglass once said, '**Once you learn to read, you will be forever free.**' And I have the pleasure of sharing that freedom and joy with some amazing women in a Book Club that I have the privilege to be part of. We have enjoyed reading a variety of diverse books over the past few months, fiction and non-fiction, and discussing them which always gives me a different insight to the one I had. Stimulating and challenging for my old brain cells but the best thing I get out of these get togethers is just being with dear friends.

What is it that I love so much? Down time from work? Being with fun people? Yes of course those are two big reasons, but you get so much more than that when you are with people who care about you. In a book I have recently read (!!) it talked about ensuring that you should try to make sure the negative input of your life is outweighed by positive input otherwise you can become like a stone that has a perpetual dripping tap above it, slowly eroding you away. Whereas if your positive input is greater than your negative you will have joy in your hearts, flourish and be able to look forward with hope.

The thing is, so many of us adults think we have nothing positive to give, no skill someone would find useful, nothing worthy of listening to.....the list is endless and varied and we have all felt like that some time or other and before we know it, the negative input is clearly outweighing the positive. And things are compounded when we think always think we are useless and not just in certain circumstances.

One son has recently been reading a Ninja book and has told us a whole world of interesting facts about Ninja training and their way of life. He has even started to adopt parts into his every day. I asked him why he was doing that - his reply was so he could be a Ninja.

Of course, silly me.

But do you know what - he believes in himself and I believe in him. I truly believe that my son, this little pocket rocket, could do anything he puts his mind to – his determination and self-belief is awesome.....me, well that's a different story, but then I wasn't like this all my life. Thinking about it, what was the age when I stopped believing I could do anything I wanted to? When did I suddenly think I couldn't be one of the great characters from the books I read?

I spoke to some Mums at school today and every one of us admitted that we had missed out on doing something because we either didn't think we were good enough, were afraid of failing or didn't want to be rejected. And yet I can confidently say that every single one of those women was an awesome Mum with great gifts..... So maybe we all need to return to the books for inspiration, for confidence, for strength. And as a Christian I have one of the best books to hand in the Bible, where God continually gives His followers encouragement, confidence, strength and love, and that includes us reading it today.

So why not pick up a book this month and submerge yourself again in stories of adventure, of mystery, of love, of joy – whatever is your favourite genre. Submerge yourself in another time and place and have some fun doing it. And hopefully you will return to the younger version of yourself with a larger dose of confidence and motivation so you can go and do something which you thought you would never do! Live out your potential – for your sake and I am sure your family, friends and perhaps even our community will benefit too: never has there been a time when we have needed more heroes in our society!

Wishing you a wonderful 'reading and inspiring' month!

Rev Amanda



For Baptisms, Weddings and Funerals please contact
Rev'd Amanda Collinson 294913

CHURCH SERVICES FOR ALL SAINTS'

October 2019



- 3rd** *Thursday services*
 9.00 am Morning Prayer
 9.30 am Holy Communion (said)
- 6th** **16th Sunday after Trinity**
 8.00 am Holy Communion (said)
 10.00 am All Age Worship (refreshments available from 9.30 am)
- 10th** *Thursday services*
 9.00 am Morning Prayer
 9.30 am Holy Communion (said)
- 13th** **17th Sunday after Trinity**
 9.30 am Holy Communion
- 17th** *Thursday services*
 9.00 am Morning Prayer
 9.30 am Holy Communion (said)
- 20th** **18th Sunday after Trinity**
 9.30 am Holy Communion
- 24th** *Thursday services*
 9.00 am Morning Prayer
 9.30 am Holy Communion (said)
- 27th** **Bible Sunday (Last Sunday after Trinity)**
 9.30 am Celtic Communion
- 31st** *Thursday services*
 9.00 am Morning Prayer
 9.30 am Holy Communion (said)

All Saints' Junior Church happens EVERY SUNDAY DURING TERM TIME at 9.30am in the Garden Room, behind the church, except the first Sunday of the month! Ages from 4*-14 all welcome (*under 4s also welcome but must be accompanied by an adult!)

COWES METHODIST CHURCH, Birmingham Road,
Cowes



Services for October

Sunday 6th 10.30am Mr. Graham Fowler

13th 10.30am Mrs. Margaret Steer

20th 10.30am Mr. Bob White

27th 10.39am Mrs. Alison Geddes

Tea and Coffee will be served after the service.

STORY AND ACTIVITY TIME

Sundays 10.15am to 11.00am in Upstairs Room.

CMC TODDLERS GROUP

Mondays 9.30am to 11.30am

Only £2 per family. Weekly during term time.

THE SISTERHOOD

will meet at 2.30pm on Tuesdays 8th and 22nd

All Ladies welcome.

ALZHEIMERS CAFE

will meet on Wednesday 9th, 2.00pm to 4.30pm

Warm welcome to all.

SOFT TOY PARACHUTE DROP

Monday 28th, 10am to 12 noon.

£3 for 1 toy, £5 for 2 toys.

Raising funds for Action for Children.

Refreshment available.

Children's Play Area.



**Mountbatten**

Come and support
MOUNTBATTEN
HOSPICE
on their **GO YELLOW** day,
Friday October 4th.
All Saints' Church
will be open
from **10am to 4pm**
for teas, coffees, cakes etc.
Please wear something yellow!
Raffle

Let's fill the font with our
donations to the Hospice!

Gurnard Village Cottage Garden Society

Last month Mark Earp gave a very interesting talk with illustrations about the history of gardens on the Island.

In October we have Geoff Turner coming from Ryde Fire Crew to talk about safety issues.

This will be on Wednesday 2nd October, 7 30 pm the venue is Village Hall Gurnard.

Members, new members and visitors always very welcome, we look forward to seeing you all.

The competition is a garden flower.

Note for your diary, November's Meeting will be the Annual General Meeting, followed by an American Supper.



Concerts in All Saints' Church 2019

Please note the following dates:

November 16th - Anthea Weekes

December 2nd - Cowes Concert Band

December 6th - Simon Langton School, Canterbury

December 14th - Tritone Singers

COWES HERITAGE FORTHCOMING EXHIBITION.

"MADE IN COWES"

REGATTA HOUSE

BATH ROAD

COWES

19TH OCTOBER to 10TH NOVEMBER

10 am to 4 pm

Open every day

Free Admission

Isle of Wight Councillors Report from Paul Fuller, Councillor for Cowes West and Gurnard.

Please contact me: By Post to: 45 Oxford Street, Northwood, Cowes, Isle of Wight.
PO31 8PT. Telephone: 01983 289595 (24 hours)/ 07 935 090 835 (Mobile & Text);
Email: paulfulleriw@gmail.com Please visit my website: paulfullercc.blogspot.com
Please do not hesitate to contact me. I am always happy to meet at a time and place
convenient to you. I hold regular surgeries/ drop-in's. No appointment is necessary.
This month, these take place:

Surgeries.

4:30-5pm, Tuesday 1st October, Cowes Library, 12-14 Beckford Road, Cowes.
5:30-6pm, Tuesday 1st October, Sports Bar, IW Community Club, Park Road, Cowes.
10:30-11am, Thursday 3rd October, Gurnard Press, Worsley Road, Gurnard.
1-1:30pm, Wednesday 9th October, The Woodvale, Princes Esplanade, Gurnard.
3-3:30pm, Thursday 17th October, Cowes Enterprise College, Crossfield Avenue,
Cowes.
10:30-11am, Thursday 24th October, Coffee & Chat, All Saints Church, Gurnard.
5-5:30pm, Wednesday 30th October, The Portland, Worsley Road, Gurnard.
12-12:30pm, Thursday 31st October, Eegon's Café, 72 High Street, Cowes

Cowes Traffic Order.

This has been modified, approved and processed by the IW Council, with the new
order being put in place in the coming weeks. This will be monitored and further
action may be considered, should parking issues not be resolved.

Cowes Week Parking.

Overnight parked vehicles, mobile homes, obstructed driveways, removed traffic
cones, lack of enforcement, disabled access concerns, ambiguity of signage and a
parked digger obstructing traffic kept me busy this Cowes Week. In response, a
meeting with Highways Officers and Officers overseeing the event is being arranged
to address lessons learnt. From feedback received a restriction for overnight parking
on Princes and Egypt Esplanade during the event remains a priority. I am hopeful this
meeting can take next month. If you have not already contacted me and have views,
please let me know before **10th October**. Parking Officers advised that 418 parking
contravention notices were issued during Cowes Week.

Road Resurfacing Update.

Contrary to letters sent out in advance, Island Roads have advised me they will not
resurface **Crossfield Avenue, Park Road** and **Worsley Road** this year. These roads
were removed due to the structural integrity being higher than many other roads
across the Island. However, **Tilbury Road** has been resurfaced, whilst (as many
residents know) and a hazardous section of **Newport Road** was been patched.

St Mary's Roundabout.

Work to reconfigure St Mary's Roundabout is due to commence on 30th September. Following calls I received regarding the Newport Road resurfacing and the initial delays when work started, I suggest motorists consider alternative routes into Newport particularly at peak times to avoid delays. A webpage has been created to give updates and real-time information. This is available at: <http://www.islandroads.com/182-newport-st-marys-strategic-junction-improvements-.html> Updates will also be relayed via on-site information boards and Twitter.

Pavement Parking.

I continue to receive complaints from residents with push chairs and wheelchairs regarding pavement parking. If there is no off-road provision, please ensure there is space for all pedestrians to pass safely.

Garden Waste Bins.

I've received a complaint that Amey are removing Garden Waste bins in cases where renewals have not been taken up. If this applies to you and you still have not renewed your subscription please call 823777.

Brexit Preparations.

It is very clear from the Prime Minister that the UK will be leaving the European Union on 31st October. In recent weeks government has issued advice to Businesses, EU Nationals and residents on options. This can be found here: <https://www.gov.uk/prepare-eu-exit> In the meantime, I've contacted the IW Council for advice for those with long term medical conditions and the availability of medication, should there be any uncertainties. Once received this information will feature on my website!

Consultation on Concessionary Travel Scheme Changes.

Following feedback I've responded to this consultation on the withdrawal by the IW Council of travel concessions for disabled residents travelling before 9:30am.

In my response, I raised concerns over how this concession allows working age residents with disabilities to access work and feel included. This is not only positive for residents with physical disabilities but also those susceptible to mental health needs. I note working aged residents with disabilities, are twice as likely to be living in poverty, and are more likely to suffer from social isolation, anxiety and depression. In my view, withdrawal of this concession may increase the long term costs to the IW Council and healthcare providers.

Planning Updates.

Bucklers View- I am awaiting an update regarding concerns raised over increasing the scale and mass of this extension.

Church Road- Dialogue has taken place between myself, the applicant and planners. I'm hopeful a compromise can be found by the case officer.

Westview Road. Planners initially indicated they share mine, residents and Gurnard Parish Councils concern over any residential use west of existing properties.

Woodvale Road. Following resident's concerns, this application was withdrawn.

The Range. I continue to lobby for the pedestrian refuge for Place Road. This is being chased!

Planning Enforcement: This continues for applications adjacent to **Egypt Hill** and **Westview Road**.

Cowes 2020: 200 Update.

Many thanks to the feedback received so far on identifying 200 extra parking spaces in Cowes for residents and visitors to the town.

My intention is to create these spaces by:

Removing residents parking 'bays'. Each box measures 4.8 metres, when in reality the space needed is less. I estimate for every 11-12 bays removed 1 extra space could be created.

Can unused off-road driveways and garages be made available that can offer residents a small nominal income from commuters thus freeing up space elsewhere?

Can existing public and private car parks be better utilised, by reconfiguration. Is long /short stay car parking fit for purpose? Are there parts of the town that needs better disabled parking provision?

Are there areas where historic double yellow lines exist, that are no longer needed?

Do you know of disabled bays no longer used?

In the discussions that I have had with the many residents that have contacted me, I am confident that we can find 200 spaces before the end of next year.

If you have any thoughts, ideas or suggestions please let me know.

GURNARD VILLAGE HALL ASSOCIATION

AGM

October 3rd at 7p.m

AGENDA

WELCOME

Apologies, Minutes of Last AGM 2018,

Matters Arising ,Financial Report

independent scrutiniser for 2020

Chairs report.

Election of new Trustees

Date of 2020 AGM

Date of next meeting of GVHA refreshments.

GURNARD VILLAGE HALL

(charity number XT 6178)

Westbrook Lane PO31 8EU

The hall is available for hire to groups or individuals for hourly rates contact bookings.

to see full Terms and Conditions go to gvhall.org.uk
bookings sibleycarolyn@yahoo.com

Monday

9.30 - 11 am Judith Didham Yoga
1.30-3.30pm Art Group Tony Westmore
7.00 - 9.00 p.m. Cowes Art Group

Tuesday

10.00 - 12 noon Spinney Quilters
5.45 - 7.30 pm E.Bolwell Yoga
7.30 - 9.00 pm International Dance

Wednesday

10.00 - 12 noon Art Group Tony Westmore
2.00 - 4.00 pm 1st and 3rd pm cyber Cafe
5.30 - 10.00 2nd and last Gurnard Parish Council

Thursday

9.30. - 11.00 am Yoga Judith Didham
12.noon - 1.30 pm Keep Active
2.00 - 4.00 pm 4th Thursday Creative Writing

Friday

9.30. - 11.00 Parents and Toddlers
12 noon - 1.30 Yoga E.Bolwell
2.00 - 4.00pm Solent Singers (Ladies)
7.00.- 10.00 pm 1st Friday Gurnard Film Society

CYBER CAFE

Village Hall every first and third Wednesday of each month from 2 to 4 pm. If you would like to get some help or help someone else, to use a PC, a tablet, a smart phone, an iPad, a camera, surf the Internet, send and receive emails, save and print, use social media, Skype, messenger or other wise negotiate the world of technology, please drop in at any session. Between us we can usually solve most problems, or know someone who can! Cost £1 and refreshments too.





GURNARD PARISH COUNCIL REPORT



At September's meeting of the Parish Council, Councillors agreed to formally write to Island Roads following an unprecedented number of complaints received regarding the signage, one-way system and ensuing traffic chaos on the seafront during Cowes Week and have requested to have sight of the temporary Cowes Week order next year, 6 weeks prior to Cowes week, to review and ensure there is better planning and management.

There is a new vacancy for a Councillor to serve on Gurnard Parish Council. For more information please contact the Clerk. Applications to be received by 31 October 2019 to be considered at Full Council on 13 November 2019.

Three tenders were received to recondition the public toilets on Gurnard Green and the Parish Council have agreed to go ahead with a Danfo Modulet system (the same as those at the Falcon Cross site in Shanklin installed by Shanklin Town Council) which will be ready by May 2020 in time for next summer.

Old School Meadow has had a final cut and tidy for the year. Should anyone be interested in getting involved with the upkeep of Old School Meadow moving forward, please contact the Clerk who will pass on names to the Old School Meadow Working Group.

Maintenance of the large plant beds along Worsley Road are also proving a problem for the Gurnard in Bloom team - if you are able to help in anyway please get in touch.

REMINDER THAT PARISH COUNCIL MEETINGS NOW START AT 6PM.

The next full Parish Council meeting will be at 6.00 pm on Wednesday 9 October 2019. Residents are welcome to attend all meetings, which are usually held at the Gurnard Village Hall, Westbrook Lane. Please check the Parish Council notice board in Worsley Road, and/or the Parish Council's website for meeting confirmation and the agenda www.gurnardpc.co.uk.

QUESTIONS

If you have any queries that you feel that the Parish Council could help with, please contact the Clerk to the Parish Council, Mrs. Katie Riley, telephone 07305 013718 or email: gurnardparishcouncil@gmail.com.



**Northwood Parish Church
Christmas Fair
Saturday 2nd November 2019
In Church**

From 11am to 2pm

Please come and support us
Lots of stalls something for everyone
And games for the Children
Raffle, Bring and Buy, Cakes, Hand Made Jewellery,
and with lots of attractions
Refreshments
Free Entry
All Welcome
In aid of church Funds

**Northwood Church
COMMUNITY COFFEE AND CHAT
on Thursday 10th October 2019
At Northwood Scout Hut 2pm-4pm**

Why not come and join us for a **free** cuppa and bring a friend
You will be most welcome

Northwood Parish Church

An invitation is extended to anyone wishing to make festive gifts and decorations
for family and friends.

The classes have proved very successful over the past 4 years and numbers are
limited so please book as soon as you can.

We do ask that once you have booked, you let us know as soon as possible if you
can't make it.

Homemade cake and refreshments are included.

Please call PAT LAMBERT 01983 526385

Tuesday 8th October 7-10pm – **Beautiful material baubles** (No sewing) - £12

Tuesday 12th November 7-10pm – **Button canvas creations** - £12

Tuesday 3rd December 7-10pm – **Fresh floral Christmas wreaths** - £15



GURNARD BAY W.I

Although Gurnard Bay WI held no meeting in August members enjoyed a summer walk led by June Scott. Fourteen walkers took the route from Freshwater to the End of The Line Café meeting up with six other members for lunch. A good time was had

by all.

Our first meeting after the summer break was an enjoyable one. Mark Earp, our speaker for the evening, talked about the history of Cowes and East Cowes, the shipbuilding in both towns, the piers and the Floating Bridge. He accompanied his talk with fascinating photos from the 1700's.

We held an additional annual Bursary draw this evening which was won by Mandy Miller. Mandy will be joining other Island WI members in April 2020 for a weekend at Denman College to enjoy a craft course of her choosing.

Our next meeting on Wednesday October 16th will be a "recycling" evening. Our speaker will be Gill Mulcahey from Amey who will tell us how our waste on the Island is re-cycled.

We will also hold a "swishing" event – members are asked to bring along accessories (scarves, jewellery, bags etc) that they no longer use for swapping.

Do come along if you fancy joining us- 7pm at the Gurnard Village Hall."



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KITCHENETTE AND DISABILITY TOILET FACILITY

£6 / HOUR OR CHARITIES £5 / HOUR

TEL. 299051 OR 292145



USEFUL NAMES & TELEPHONE NUMBERS

Age Concern	525282	Health Centre (appointments)	294902
Ambulance (Transport)	825111	Health Centre (general)	295251
Citizens Advice Bureau	0845 1202959	Hospital (St Mary's)	524081
Electricity (Emergencies)	0800 072 7282	Library (24hr renewal line)	822123
Gas (Emergencies)	0800 111999	Police	999
Water (Emergencies)	0845 2720845	Out of Hours GP & Dentist	0840508345
Flood-line (Mon -Fri 8am - 8pm W/ends 10am - 4pm)	0845 9881188		
Local Neighbourhood Watch	Marie Bugden		296721
All Saints' Vicar	Rev'd Amanda Collinson		294913
	Email amandacollinson01@gmail.com		
All Saints' Church Curate	Rev'd Steve Sutcliffe		652506
All Saints' Church, Curate	Rev'd Diana Netherway		298505
All Saints' Churchwardens	Mr Graham Lloyd		299051
	Mrs Sandie Munt		295258
All Saints' Church, Secretary	Mrs Rosemary Butler		200980
All Saints' Church, Treasurer	Mrs Wendy Peskett		292145
All Saints' Church, Organist	Mrs Yvonne Mills		292256
Junior Church (Sunday School)	Rev'd Amanda Collinson		294913
Cowes Methodist Church, Minister	Rev'd David Plumb		884694
Cowes Methodist Church, Contact	Mrs Jean Pullinger		290289
Gurnard Primary School (website)	www.gurnardprimaryschool.co.uk		295713
Gurnard Bay Evening W. I.	Mrs Cynthia Ash		293619
Cyber Cafe	Mrs Carolyn Sibley		297154
Gurnard Village Hall Bookings	Mrs Carolyn Sibley		297154
Gurnard Village Hall Assoc. Chairman	Mrs Carolyn Sibley		297154
Gurnard Village Cottage Garden Society	Mrs Emma Glasbey		293130
Gurnard in Bloom	Jennie Lewis		643323
Gurnard Sailing Club Membership Secretary, Sally France , gurnardsc.org.uk			291888
IOW Councillor	Mr Paul Fuller		289595
Island Member of Parliament	Mr Bob Seely.		01983 220220
Gurnard Parish Council	Mrs Katie Riley		07305 013718
Email gurnardparishcouncil@gmail.com	Parish Council website www.gurnardpc.co.uk		
The Elephant Club	Mandy Miller		291185
1st Gurnard Brownies	Mrs Jessica Smith		506254
Gurnard Scouts	Mrs Belinda Savill		293481
1st Gurnard Guides	Mrs Helen Coleman		506254
Gurnard News Editor	Mrs Alyson Jacobs		292496
	Email adj2011@hotmail.co.uk		
Gurnard News Advertising	Graham Lloyd		299051

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07305 013718
gurnardparishcouncil@gmail.com

Learn Meditation

Learn a skill that has been proven to bring health benefits including improved focus and wellbeing

The course is at Gurnard Village Hall, 50 Worsley Road, Gurnard.
26 th October from 10:30 to 16:00 - £38.00 per person

To book or for more details please call Mary Read on:
07413909397 after 6pm email maryandcarl@btinternet.com

The BECKFORD CENTRE in COWES would be pleased to see new faces at

The Island's Past – Monday 10.00am

Art for All – Monday 1.30pm and Thursday 1.30pm

Crafty Cowes – Tuesday 10.00am

Stitchcraft – Tuesday 2.00pm

Simply Photography – every other Wednesday 2.00pm

Discussion Group – Thursday 10.00am

For more information please contact the Centre on 294744 or e-mail beckfordcentre@outlook.com

All Saints, Gurnard
Reaching Out-Inviting In

**COMMUNITY
COFFEE AND CHAT**

**THURSDAY
10.30am**

24th October 2019

**Just drinking coffee and
chatting with friends**

It's that easy not to be lonely



Gurnard Film Society



THE AFRICAN QUEEN

Friday 4th October 7.30 pm

1951 Adventure/Romance UK/USA

Katharine Hepburn and **Humphrey Bogart** star in
the German East Africa of World War 1 as the ill-
matched couple aboard the African Queen.

Director: John Huston

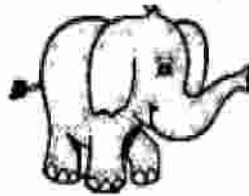
Cert PG 1 hr 45 mins. Admission £5.00.

Gurnard Village Hall, Westbrook Lane (off Worsley Road), Gurnard PO31 8JR.

Tel: 240615 E Mail: gurnardfilmsociety@gmail.com or



All Saints' Church, Gurnard



The Elephant Club

**A group activity designed to exercise
the memory | muscles!**

**It's fun, gentle and caring – come on
your own or with a friend or relative.**

**The next free monthly session is on
Thursday 17th October 2019**

**2-4pm in the Garden Room,
All Saints' Church, Gurnard.**

**There'll be tea, biscuits, and friendly
faces to welcome you.**



THE ELEPHANT CLUB CIRCLE DANCING SESSIONS

An Elephant Club Circle Dancing Session is a group activity, developed by Dementia Pathfinders, and offered in Cowes by the support of the Churches Together In Cowes group.

The sessions are free, fun, and gentle, and aimed to help participants gain physical and mental confidence.

NEXT SESSION THURSDAY 3rd October 2019
2.15-3.45pm St Andrews Hall, Cowes

For information contact:
Mandy on: 07812 131359

There's no need for special clothing or equipment, just a willingness to give it a go and be with others!

Free parking in St Andrew's Hall Bridge Street car park, and free refreshments served during the session.

Home

There's no place like it



Being able to live at home can be one of the most important comforts in an older person's life, and because family and friends can't always be there, Home Instead Senior Care are here to help.

From an hour a day, to full time care, our service is available 24 hours a day, seven days a week. We can provide:



- **Companionship**
 - **Respite support**
 - **Light housekeeping**
 - **Convalescence support**
 - **Specialist dementia care and Alzheimer's care**
 - **Shopping**
 - **Meal preparation**
 - **Personal care**
 - **Local transportation and errands**
- and much more

Home Instead on the Isle of Wight is part of a national organisation rapidly building a reputation as one of the UK's leading care companies allowing older people to continue to live well, in their own homes.

We Are Recruiting For Outstanding CAREGIVERS

From A Few Hours A Week To Regular
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www.homeinstead.co.uk/isle-of-wight

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Elise Barnard - Artist and Printer

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Web <https://www.isleofwightarts.com/elisebarnard>**

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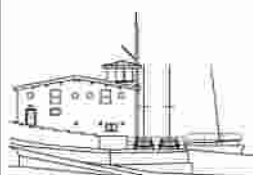
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